

CORPORATE MENU

orders@gumtreecatering.com gumtreecatering.com 250-558-7555

FRESH START

ASSORTED BAKED GOODS

A selection of freshly baked goods which may include muffins, sweet & savoury scones, and other pastries served with butter & jam (1.5/pp)

ASSORTED MUFFINS

A bakers selection of Gumtree's famous muffins served with butter & jam (1/pp)

FRESH SCONES

Freshly baked scones served with butter & jam (1/ pp)

YOGURT & FRUIT PARFAITS

Creamy yogurt, seasonal fruit, and Gumtree granola (1/pp) (min. 3 ppl)

Gluten Free, Vegan/Vegetarian, and Dairy Free Options Available, Please Ask!

LOADED BREAKFAST WRAP \$13.25

Cheesy scrambled eggs, herb roasted potatoes, and your choice of bacon, chorizo, or veggie served with salsa (1/pp)

BREAKFAST SAMMY

\$11.25

Scrambled eggs, bacon, cheddar cheese, spicy aioli and served on your choice of an english muffin or croissant (1/pp)

CLASSIC BREKKIE

\$23

Farm fresh eggs, bacon, sausage, herb roasted potatoes, fresh fruit salad, and a breakfast biscuit served with butter, hot sauce & ketchup (min. 10 ppl)

CONTINENTAL BREKKIE

A selection of assorted baked goods, yogurt, granola, fresh fruit salad served with butter & jam (min. 10 ppl)

ASK US ABOUT OUR ROTATING MONTHLY FEATURES!

\$8

\$5

\$5

\$7

LUNCH & DINNER

GRILLED CHICKEN CAESAR \$18.50

Crisp romaine, our signature Caesar dressing. parmesan, croutons, grilled herb chicken & bacon bits

GUMTREE DRAGON BOWL \$18.50

A Gumtree favourite - enjoy grains, seasonal greens & veggies, with our famous Velvet dressing. Choose from salmon, chicken or veggie

THAI NOODLE SALAD

\$18.50

Rice noodles, shredded seasonal veggies & our zesty Thai dressing. Choose from chicken, prawns, salmon, or veggie. *Dressing contains fish sauce*

MEXICAN BEEF BOWL

\$19.50

Cilantro lime rice, Mexican spiced beef, grilled veggies served with a side of fresh guacamole & salsa

BUDDHA BOWL

\$17.95

Seasonal greens & veggies, a hearty grain mix, roasted yams & chickpeas with our turmeric/tahini dressing. Choose from chicken, prawns, salmon or veggie

COBB SALAD

Protein packed with hard boiled egg. ham, chicken, bacon, blue cheese, seasonal greens, crisp veggies & ranch dressing

SOUTHWESTERN CHOP \$18.50 CHICKEN SALAD

Crisp romaine, veggies, tortilla chips, cajun chicken & chipotle lime vinaigrette

MEDITERRANEAN COUSCOUS SALAD

\$15.75

Couscous, chickpeas, olives, tomato, cucumber, bell peppers, red onion, fresh herbs, feta & lemon herb vinaigrette

INDIVIDUALLY PACKAGED

ARTISAN CHEESE & CHARCUTERIE

A selection of BC's best cheeses, cured meats, crackers & accompaniments

- Individually Boxed \$17
- Individual Cup \$17

ARTISAN CHEESE

A selection of BC's best cheeses, crackers & accompaniments

- Individually Boxed \$15
- Individual Cup \$15

BAGGED LUNCH

A gourmet sandwich/wrap, cookies, and a choice of seasonal salad or chips \$20

PLANT BASED

A selection of fruit, pickled/roasted/grilled veggies, crackers & accompaniments

- Individually Boxed \$13 · Individual Cup \$13
- With Vegan Cheese \$18/per person

\$18.50

CHEFS ASSORTED GOURMET SANDWICHES & WRAPS - \$13

SALAMI

Genoa salami, herb cream cheese, arugula, pesto, tomato

ROAST BEEF

Roast beef, jalapeno monterey jack cheese, horseradish mayo, leaf lettuce, tomato, pickled onion

HONEY HAM & SWISS

Honey ham, caramelized onion, swiss cheese, honey mustard aioli, leaf lettuce

CHICKEN AND CHEDDAR

Chicken, pesto mayo, cheddar cheese, leaf lettuce, sprouts, tomato

TURKEY BLT Deli turkey, bacon, honey mustard aioli, leaf lettuce, tomato, sprouts

TUNATO Chunky tuna salad, tomatoes, swiss cheese, spinach

LOADED VEGGIE Pesto, herb cream cheese, leaf lettuce, sprouts, tomatoes, bell peppers, cucumber, onion COMBO 1 served with Feature Soup \$19 COMBO 2 served with Salad \$19 COMBO 3 served with Soup & Salad \$23

SALAD SELECTION

- Gumtree Greens w/ Velvet Dressing
- Classic Caesar Salad

ASK ABOUT OUR FEATURE SOUP & SANDWICH!

GREEK CHICKEN WRAP

Chicken, lettuce, olives, cucumber, tomato, bell pepper, red onion, hummus, feta

CURRIED CHICKEN WRAP

Chicken, apples, cranberry, celery, red onion, curry mayo, lettuce, sprouts, carrots

CHICKEN CAESAR WRAP

Chicken, romaine, bacon, parmesan, caesar dressing

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LUNCH & DINNER MAIN COURSE

MINIMUM ORDER OF 10 PEOPLE

GUMTREE'S FAMOUS LASAGNA

\$24

Your choice of hearty beef or veggie lasagna served with a classic caesar salad, bread basket & butter

ENCHILADAS

\$22

Loaded up with beans, cheese, veggieswrapped and covered in our mouthwatering enchilada sauce. Your choice of chicken or veggie served with chips, salsa, sour cream & Southwestern salad

MAC & CHEESE

\$21.25

A comfort food classic! Cheesy macaroni noodles with a herb crumb topping and served with a Gumtree green salad, bread basket & butter. Bacon lover? Try our bacon mac & cheese

SIGNATURE CHILI

\$21.25

\$22.25

Hearty beef or veggie chili served with a tangy coleslaw, shredded cheese, cornbread & butter

CREAMY SUNDRIED TOMATO CHICKEN PENNE

Creamy pasta with seasonal veggies. Served with a Gumtree green salad, bread basket & butter

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GINGER BEEF STIR FRY

L \$22 D \$24.25

Tender beef, seasonal veggies, scallions & honey soy marinade, served with rice. Chicken/Veggie option also available

GREEK FEAST

L \$23 D \$27

Greek marinated chicken souvlaki (2/pp), served with homemade hummus, tzatziki, basmati rice pilaf, grilled pita, and a fresh green Greek salad

BUTTER CHICKEN

L \$23.25 D \$28.75

Fragrant butter chicken with basmati rice and Bombay chopped salad served with naan bread

ADD-ONS

| GUMTREE COOKIES A selection of our famous lunch size cookies (2/pp) | \$6 |
|---|------------------------------|
| ASSORTED DESSERTS Freshly baked tarts, squares & other sweet treats from our bakery! (2/pp) | \$8.75 |
| FRESH FRUIT A platter of seasonal fruit, always local when possible! (min. 10 ppl) | \$5.25 |
| VEGETABLE CRUDITÉS Seasonal vegetable crudités platter with house dip (min. 10 ppl) | \$6.50 p |
| ARTISAN CHEESE & CHARCUTERIE A selection of BC's best cheeses, cured meats, crac & accompaniments (min. 10 ppl) | starting ckers at \$13 |
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| BEVERAGES | |
| Bottled Water | \$3.50 |
| Sparklina Water | \$100 |

| Dottied Water | \$3.50 |
|----------------------------|--------|
| Sparkling Water | \$4.00 |
| Sparkling/Flavoured Juices | \$5.00 |
| Рор | \$4.00 |
| Coffee & Tea (min 10 ppl) | \$4.50 |
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